

4TH PEROSH RESEARCH CONFERENCE

29- 30 September 2021

General Information Note

Venue

4th PEROSH Research Conference will be held at Instituto Nacional de Seguridad y Salud en el Trabajo (INSST), 73 Torrelaguna Street, 28027 Madrid.



Transportation

Metro. The nearest metro station is **Barrio de la Concepción (Line 7 – orange)** which is 10 minutes walking. Once in the station, take Martínez Villergas Street exit and go straight ahead this street – it will take you directly to the back door of INSST (it is on top of a “hill”).

Bus. The closest buses lines are:

Bus 53: it stops almost at the main door of INSST and goes directly to/from the city centre (Alcalá St, Goya St, Plaza de Cibeles, Puerta del Sol).

Bus 11: it stops on Torrelaguna Street – 2 minutes walking from INSST and goes to the north of the city – C/ Arturo Soria – Castellana.

Bus 122: it stops almost on the main door of INSST and goes directly to the International Fair Center and to Avenida America.

Tickets can be use either on metro or bus (1 ticket 1,5-2 euro (depending on the ride) – 10 tickets 12,20 euros – tourist tickets (1,2,3,4,5,7 consecutive days zone A for city center (including the airport underground)– more information at <https://www.crtm.es/billetes-y-tarifas/otras-tarjetas/turistica.aspx?lang=en>

The bus drivers issue the 1 trip ticket and you can pay by credit card (American Express payment is not accepted). Please note that due to the pandemic, in cash payments are not accepted.

Bus and metro information:

<https://www.crtm.es/?lang=en>

<https://www.emtmadrid.es/Index.aspx?lang=en-GB>

Airport

Three transportation options are suggested from airport to INSST:

- **Taxi.** The average taxi drive from airport to INSST lasts 15 minutes at normal hours and the fare is around 25-30 euros (depending on the terminal). At rush hour (7h30 until 9h30) it can take much longer and be more expensive.
- **Bus.** Bus number 200 (1,50 €) goes from the airport to Avenida de America where you can take bus 122 (1,50€).

There is an Airport Express bus (5 euros) that goes to Plaza de Cibeles (city centre). From there, you can take bus 53 to go to INSST.

- **Metro.** There is metro service form the airport to get to INSST but you have to change lines 3 times – it will take about 45 minutes. Line 8 (pink) from the airport to Nuevos Ministerios (last stop). In Nuevos MInisterios you have to take line 10 (dark blue- direction Puerta del Sur) for one stop to Gregorio Marañón. And there, you have to change to line 7 (orange), direction Hospital del Henares, until the stop of Barrio de la Concepción. It costs 5 euros.



metro

Accommodation:

The accommodation depends very much on your preferences of area and budget. Here are some suggestions in different areas.

INSST AREA

INSST is located in a business area, and in the evenings and nights is quite empty. The advantage is that you will not need transport to arrive in the mornings. Here there are 2 hotels at 5-10 minutes walking from INSST.

Hotel Travelodge Madrid Torrelaguna

C/ Torrelaguna, 69 – 28027 Madrid

<https://travelodge.es/travelodge-destino-madrid/hotel-travelodge-madrid-torrelaguna/>

Novotel Madrid City Las Ventas

Avenida de Badajoz, 1 - 28027 Madrid

<https://all.accor.com/hotel/0843/index.es.shtml>

Ibis Styles Madrid City Las Ventas

Av. de Badajoz, 1, 28027 Albacete, Madrid • 917 24 76 00

https://all.accor.com/hotel/B4U5/index.es.shtml?utm_campaign=seo+maps&utm_medium=seo+maps&utm_source=google+Maps

(same hotel building, different category)

AVENIDA AMERICA AREA

Avenida de America area is well communicated by bus (number 122) with INSST. It is a commercial area although a bit further to the city centre, main museums etc. but very well communicated.

Hotel Puerta de América

Avenida de América, 41 – 28002 Madrid

<https://www.hotelpuertamerica.com/>

Hotel NH Madrid Príncipe de Vergara

c/ Príncipe de Vergara, 92

<https://www.nh-hoteles.es/hotel/nh-madrid-principe-de-vergara>

VENTAS AREA

Ventas area is well communicated by bus (number 53) with INSST (20-30 minutes at rush hour). It is a commercial area a bit further to the city centre, main museums etc. but very well communicated.

Ibis Madrid Centro Las Ventas

c/ Julio Camba 1 – 28028 Madrid.

<https://all.accor.com/hotel/7438/index.es.shtml>

CITY CENTRE

There are plenty of hotels in the city centre (Gran via –Sol) but it is a very busy area and can be quite noisy.

Bus number 53 runs from Sevilla Street (next to Puerta del Sol) to INSST in about 45 minutes.

Tourism

Official website of the Madrid tourist office

https://www.esmadrid.com/en?utm_referrer=https%3A//www.google.com/